



## Christians Against Poverty Prayer Bulletin

Canterbury Debt Centre    St Mary Bredin and The City Church    May 2023

Join us in praising God that three clients have become debt free since the start of 2023!

The focus of this prayer update will be on the elements of CAP support that enable personal transformation.

### Key elements

- We come to our clients' homes to provide support, as much as possible.
- We work through the process at their pace, as much as possible. This is distinct from many other time-limited services.
- We are there to support and guide our clients through the process. CAP clients themselves have a lot to do in helping us understand their debt situation but it is far less daunting when they have two people (a debt coach and CAP befriender) to be there on the journey with them.
- We help to bring order out of disorder with their debt but also in other ways, if and when possible.
- We bring connection, often to people who may be or feel very isolated.
- We help break the power that shame, fear and feelings of unworthiness may have over the client through talking about debt openly and naturally, without judgement.
- We give dignity to the person.
- We bring the peace and presence of Jesus into the home, buoyed by the prayers of our supporters.

The environment we help create often calms fears, reduces levels of distrust, confers dignity and provides hope. Usually there are one or two elements of CAP support that surprise our clients, as it's something they have never personally experienced. It's a new perspective of 'what could be.' What a privilege to offer it to them!

We begin to see our clients become more confident, trusting and hopeful. They desire and are often more able to advocate for themselves. Some consider church activities and 'the church' in a more favourable light. Others are more open to prayer. Some are more willing to hear another perspective.

If any of this resonates with you and you'd like to know how to get personally involved, please contact Tony Washington, [tonywashington@capuk.org](mailto:tonywashington@capuk.org). He can tell you more and explain the recruitment process. Please note that volunteers must be a member of and provide a reference from a local church (Canterbury CAP visits are on Mondays, Tuesdays and Thursdays.)

### Praise

- Three clients are debt free this year.
- More male clients in 2023.

### Prayer Requests

- For our clients to experience the love of Jesus through being involved with CAP.
- For Tony and Karen, who have recently been temporarily 'interrupted' by family concerns, that they may know his care and concern for them and that they may honour God in balancing their commitments.

If you or someone you know is in debt and needs help, call 0800 328 0006.